



WOMEN'S REPRESENTATIVE

LAUREN THOMAS

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Hi, my name is Lauren Thomas. I am a strong, determined and boisterous woman who believes in equality and I am running for Women's Representative. Let me start off by acknowledging the positions title. I would like to think if I was elected I would be more of a Gender Equality Representative. Women are not the only ones who face gender issues and in a fight for equality men need representation too. One of my ambitions in life is to have an impact on sexist issues faced by people today and change the way we think about gender and its stereotypes. I believe we are all born equal and are therefore should be entitled to equal rights and opportunities in life. I feel in order to achieve this we must break down conventional gender roles and realise that equality is a spectrum not two separate ideals of women's rights vs men's rights.

If elected I would love to carry on supporting the "This Girl Can" campaign as I feel it is so important to encourage girls to get active, take part in sport and prove that throwing/running/jumping/catching... "like a girl" is definitely not an insult!! I would also like to create strong support networks and build awareness for mental health as suicide is currently the biggest killer of men. No one should suffer in fear of asking for help because society says they should be manly and tough!

This is a subject I am truly passionate about and I would love to help lead DMU towards equality and on that note I'll leave you with some words I'm not wise enough to have written myself "If anyone makes you feel less than you are[...] stand up, speak up, roar. No silence till we are equal." - ThisuriWanniarachchi

Peace!