

# Unsure who to speak to at DMU?

## Don't Worry!

Want to speak to someone about a Housing related issue?

Talk to your landlord or your accommodation provider!

Speak to DSU Advice & Wellbeing.

Find information on our Student Housing Hub.

[dsuadvice@dmu.ac.uk](mailto:dsuadvice@dmu.ac.uk)

Are you concerned for your Personal Safety?

24/7 Security team  
0116 2577642  
[security@dmu.ac.uk](mailto:security@dmu.ac.uk)

Sexual violence and abuse support.

Mandala  
0116 207 8309  
[themandalaproject@dmu.ac.uk](mailto:themandalaproject@dmu.ac.uk)

Support for hate and harassment.

No Space for Hate  
0116 207 8309  
[nsfh@dmu.ac.uk](mailto:nsfh@dmu.ac.uk)

999 when you are under immediate threat.

Do you wish to speak to someone about your faith?

Speak to a DMU Faith Advisor!

Do you have worries or questions about your Finances?

Speak to your Student Finance and Welfare team

[sfw@dmu.ac.uk](mailto:sfw@dmu.ac.uk)

Would you prefer to speak to someone external to DMU?

There is a range of support services available throughout Leicester!

Turning Point. Local health and wellbeing service.

Samaritans  
116 123

CALM  
0808 802 58 58

Leicestershire Mental Health Access Point

Mental Health Crisis Helpline  
0808 800 3302

Worried about your physical/mental wellbeing?

Check out Healthy DMU resources to support with wellbeing.

Talk to the Mental Health and Wellbeing team.  
[wellbeing@dmu.ac.uk](mailto:wellbeing@dmu.ac.uk)

Keep your personal tutors and module leaders informed.

Speak to your GP!

Having an Academic struggle or worry?

Talk to your personal tutor!

Inform your DSU Academic Executive.

Speak to your module leaders.

Get support from Kimberlin Library.

Contact your Student Advice Centre.

CLaSS Centre of learning and study support.

Reach out to your Course Rep.

IT issues? Contact ITMS.

Do you need any learning or disability support?

Seek guidance from the Disability Advice & Support Team

[disability@dmu.ac.uk](mailto:disability@dmu.ac.uk)

If you require autism support email

[autism@dmu.ac.uk](mailto:autism@dmu.ac.uk)

You may be entitled to Disabled Student Allowance.

Are you feeling Lonely?

Why not try joining a DSU student group?

Think about volunteering in the community.

Check out DSU's MyUniPal scheme.

Speak to the Advice & Wellbeing team.

[dsuadvice@dmu.ac.uk](mailto:dsuadvice@dmu.ac.uk)

International Support?

Talk to the International student support team.

[iss@dmu.ac.uk](mailto:iss@dmu.ac.uk)

VISA queries?

Contact the VISA advice team

[visaadvice@dmu.ac.uk](mailto:visaadvice@dmu.ac.uk)

Check out the I-buddy peer mentoring scheme.

## Still unsure?

Book a single point of access appointment via MyGateway where a member of DMU support staff can point you in the right direction!

Alternatively, reach out to your DSU Advice and Wellbeing team and we will be happy to signpost you [dsuadvice@dmu.ac.uk](mailto:dsuadvice@dmu.ac.uk)